Gastroenterology Associates of Manatee

elcome to Gastroenterology Associates of Manatee. We have provided comprehensive care for patients with diseases of the gastrointestinal tract, in Manatee County since 1992. We recognize that not all patients' needs are alike. Therefore we pride ourselves on offering personalized, professional, and individualized care.

GASTROENTEROLOGY EXPLAINED

Gastroenterology is the branch of medicine that studies and specializes in the care of the digestive track. The digestive track includes the esophagus, stomach, small intestine, colon, rectum and anus. Also included are the pancreas, liver and gallbladder.

Our highly skilled, compassionate staff features an experienced team of doctors who specialize in treating a wide range of common gastrointestinal issues. These include:

- Heartburn
- Colon Cancer Screening
- Ulcerative Colitis
- Crohn's Disease
- Constipation
- Diarrhea
- Abdominal Pain
- Hemorrhoids

OUTPATIENT PROCEDURES

The majority of our outpatient procedures are performed at the Bradenton Surgery Center, which received a rare three-year accreditation from the Accreditation Association for Ambulatory Health Care (AAAHC). Also, our doctors are affiliated with major area hospitals including Blake Medical Center.

Diagnostic procedures include:

- Colonoscopy. This is a procedure that enables your physician to examine the lining of the colon (large bowel) for abnormalities by inserting a flexible tube that is about the thickness of your finger into the anus and advancing it slowly into the rectum and colon while asleep.
- Upper GI Endoscopy (EGD). Upper endoscopy is a procedure that enables your physician to examine the lining of the upper part of your gastrointestinal tract, i.e., the esophagus (swallowing tube), stomach, and duodenum (first portion of the small intestine) using a thin flexible tube while asleep.

■ Wireless Capsule Endoscopy.

This procedure uses wireless technology to evaluate bleeding sources and other pathology in the small intestine.

Gastroenterology Associates is the area leader in non-invasive hemorrhoid treatment and Infrared Coagulation (IRC) therapy of internal hemorrhoids. This treatment, which only takes a few seconds, is performed in the office without any bowel preparation necessary. Patients can return to work or normal activities immediately.

BOARD-CERTIFIED & LARGE UNIVERSITY-TRAINED

All of the doctors and practitioners at Gastroenterology Associates are boardcertified and come with expert credentials.

John D. Roddenberry, MD Medical School: University of Florida Residency: Ochsner Health System Fellowship: Ochsner Health System



Manuel E. Rodriguez, MD Medical School: University of Illinois at Chicago Residency: University of Miami Fellowhip: University of Texas, MD, Anderson Cancer Center



Carlos Montero, MD Medical School: University of Kansas Residency: University of Miami Fellowship: Louisiana State University



Ivan Rascon-Aguilar, MD Medical School: Universidad De San Carlos Residency: University of Florida Fellowship: University of Florida



Nurse Practitioner Tammie Woll, ARNP-BC: Vanderbilt University



Gastroenterology Associates of Manatee Blake Park 1886 59th Street West, Bradenton 941-794-1980 www.gastro-assoc.net

Bradenton Surgery Center Parkside Professional Building 2902 59th Street West, Suite F, Bradenton 941-792-9685 www.bradentonsurgerycenter.net

Southwest Florida Spine Institute Don't Let Your Pain Hold You Back



ou don't have to let back or neck pain get the better of you any longer. You can re-gain quality of life, mobility and get back to pain-free days That is the mission of Mario Pereira, MD and the Southwest Florida Spine Institute, the only spine practice consistently performing outpatient spine surgery.

Located in Port Charlotte, the Southwest Florida Spine Institute - through Dr. Pereira - is the first center in Southwest Florida to offer Atraumatic True Minimally Invasive Spine Surgery of the lumbar and cervical spine.

This cutting edge surgery is designed to reduce trauma to the body, reduce postoperative pain and blood loss, lessen hospital stays, speed recovery and lessen scarring.

Dr. Pereira was trained in this state-ofthe-art surgical technique at the world-

Conditions Treated At Southwest Florida Spine Institute:

- Acute Pain
- Chronic Pain
- Degenerative Disc Disease
- Failed Back Syndrome
- Herniated Disc
- Myelopathy
- Osteoporosis
- Radicular Syndrome
- Scoliosis
- Spinal Fracture
- Spinal Instability
- Spinal Stenosis
- Spondylolisthesis
- Spondylosis

renowned Texas Back Institute in Plano, TX. He graduated Tufts University School of Medicine and did his internship and residency in Upstate Medical University in Syracuse, NY.



Dr. Pereira believes in quality care that is centered on patients' individual needs: first-class customer service; and offering his patients the best options to relieve suffering. "My treat-

ment philosophy is to take care of my patients the way I would want myself or my family members to be treated," he says.

This manner is echoed in his patient's feedback. Here are some examples:

"I recently suffered a traumatic injury. I had a great deal of pain due to this injury. The pain was persistent and had felt like someone was holding a blow torch across my shoulders, my neck and the base of my skull.

When I was evaluated by Dr. Pereira he informed me that I had a large posterior disc herniation at C3/C4 and recommended surgery. We opted to do the surgery as an outpatient procedure at the Murdock Ambulatory Surgery Center.

I was able to go home the same day after having a procedure that normally would require a 2 to 3 day hospital admission by a

less skilled physician. My pain immediately improved after having surgery and is now just a bad memory.

Thank you Dr. Pereira!" ~ Steven L.

"Being a man who takes his health and overall fitness very serious, I never dreamed I would have to have surgery. At 45 years old, I'm probably in better shape now than when I was in my 20's. As life goes on we experience wear and tear over the years. My first consultation with Diane and Dr. Pereira put me at ease immediately. I was given a full understanding and evaluation of my issues. Dr. Pereira explained in easy to understand terms what needed to be done to correct my problem. I have to admit when Dr. Pereira said I would need surgery I was a little nervous, but clearly agreed with his prognosis. The staff and the surgical team were all very friendly and informative. They went above and beyond to make sure I was as comfortable as possible. Dr. Pereira spent a great deal of time outlining every detail, not just the surgery itself, but all facets and steps that lead up to the surgery, as well as what to expect post surgery. This made me far more comfortable than I thought possible. I'm still recovering as I write this, but I can say for certain, the chronic nerve pain I was suffering is 100% gone.

I'm a new man and anxious to get back to my active lifestyle." ~ Dan M.

So, if back pain or neck pain is holding you back from performing everyday activities, and keeping you from living your life - let Dr. Mario Pereira and the Southwest Florida Spine Institute help you get back to a life worth living!



MARIO PEREIRA, MD MINIMALLY INVASIVE SPINE SURGEON TRUE ATRAUMATIC SPINAL SURGERY

Southwest Florida Spine Institute 3420 Tamiami Trail, Suite I, Port Charlotte 941-258-3690 • www.southwestfloridaspineinstitute.com