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2021 NEWCOMERS GUIDE

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HEALTH & WELLNESS: 24

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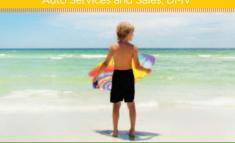


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Writer/Editor: Emily Leinfuss | Designer: Kim Collister



elcome to Gulf Coast Welcome, the Herald-Tribune's in-the-know guide to living well in Manatee, Sarasota and Charlotte Counties.

You couldn't have moved to a more ideal place to live, work and play because, as you will discover, there's something for everyone.

No need to take our word for it. Just look at some of the area's accolades. In recent years we've garnered top spots for "Best Place to Live" and "Best Place to Retire" (Sarasota); "Where to Retire" (West Villages and Lakewood Ranch); "Happiest US Cities" (Bradenton, Sarasota and North Port); and

"Safest Cities in Florida" (Punta Gorda and Venice).

Gulf Coast Welcome also covers the practicalities of your move by including information and guidance on settling in and setting up essential services like health and medical, home and auto and family resources.

But first, turn the page and take a little tour through the places that make living here a paradise.





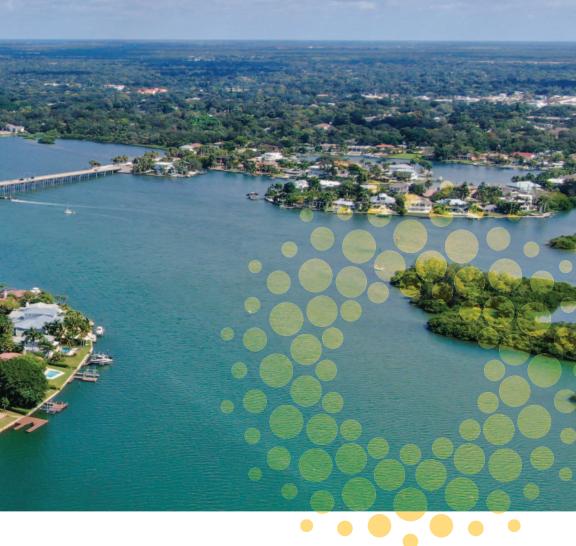
Approximately 1,000 people relocate to Florida every day and many of them move to Manatee, Sarasota or Charlotte Counties. There are plenty of reasons why. Let's take a look:

MANATEE COUNTY ANNA MARIA, HOLMES BEACH AND BRADENTON BEACH

Imagine a seven-and-one-half mile isle with three little towns – Anna Maria, Holmes Beach and Bradenton Beach – and you will have conjured up Anna Maria Island. Although the towns differ somewhat, the overall feeling is that life is not as stressful here as mainland places. Why? Well, one reason is the island's speed limit is set at 35 mph, so you are not going to go anywhere fast. Another is that residents and officials have held fast to their determination to not build up too high or go too commercial. All kinds of people – families with children, singles and retirees – call Anna Maria home. Safe to say they all enjoy living the island life.

BRADENTON AND DOWNTOWN BRADENTON

While it used to be called "Hidden Florida." Bradenton is coming out and catching on. To the west of downtown are a variety of neighborhoods and commercial strips on Manatee Ave. and Cortez Road. To the east is a healthcare corridor centering on Manatee Memorial Hospital. Downtown Bradenton upholds a smaller-town feel even as it undergoes redevelopment. Metro hubs within the city include historic Main Street's bars and restaurants; Riverwalk, a 1.5 mile park with restaurants and activities along the Manatee River; and Village of the Arts, a work/live neighborhood with colorful 'Old Florida' houses filled with cafés. galleries and shops.



LAKEWOOD RANCH

The 31,000 acres of Lakewood Ranch (LWR) span both Manatee and Sarasota Counties. Its approximately 36,000 residents live among more than 20 named villages in homes that range from low-rise condominiums to large estates priced in the millions. And more is on the way. Don't worry too much about overcrowding however, because this planned community is the largest certified green community in the nation.

As such, it maintains 150 miles of sidewalks, trails, community parks, lakes and nature preserves.

SARASOTA COUNTY **LONGBOAT KEY, LIDO KEY** AND ST. ARMANDS, BIRD KEY

Traversing the 10 miles of Longboat Key takes you from Manatee County in the north to Sarasota County in the south. Along the way you'll pass prime Gulf-front real estate populated with high-end resorts, country clubs and mostly private beaches. Head further south and you arrive at the shopping Mecca of St. Armands Circle with 100-plus stores and restaurants. Roll just a few blocks west of St. Armands and you end up smack dab at the Gulf of Mexico with North Lido beach close by and South Lido a few miles down Ben Franklin Drive. The John Ringling Causeway connects Lido Key/St. Armands to the mainland, but before you get to the downtown Sarasota side, look south to see the very upscale Bird Key – one of the most prestigious residential neighborhoods on the west coast of Florida.

THE PLACES...



DOWNTOWN SARASOTA

Downtown Sarasota offers city living at its best. Within its walkable streets are trendy and upscale boutiques and shops, eclectic art galleries, an independent bookstore and an indie movie house, plus a wide variety of restaurants and bars. The best of downtown also resides in its cultural opportunities such as going to the opera or ballet at the Sarasota Opera House, seeing shows at the Florida Studio Theatre complex and more.

WEST OF THE TRAIL

U.S. 41, also called Tamiami Trail, is the dividing line that sets one part of Sarasota from another. This shift is most apparent as you head south from The Ringling (museum) through historic neighborhoods that trickle west down to Sarasota Bay. The distinction resurfaces as Osprey Avenue flows through Southside Village, a community area that houses Sarasota Memorial Hospital (SMH), and heads further south.

EAST OF THE TRAIL

Like its western compatriot, east of the trail extends from north to south and has many diverse communities. When focusing in on places within a few miles of SMH, the neighborhoods east of trail would be Arlington Park, South Gate and Alta Vista. City-owned Arlington Park is a shady, dog-friendly vista with a 50-meter lap pool and other activities and Payne Park is where new townhouse communities and rental condos are on the way.

SIESTA KEY

The eight-mile stretch of Siesta Key offers a variety of ways to live and things to do. Siesta Village, along Ocean Blvd., is where tourists flock to experience bars and restaurants and a classic beach vibe. But close by are quieter neighborhoods dotted with part-time residents and small hotels. Head south on Midnight Pass Road, past the award-winning Siesta Key Public Beach and you come to older hotels and time-sharestyle high-rise condos that line Crescent Beach, along with a small commercial area with restaurants and shops. Finally, head south towards Turtle Beach where the living is easy, and more expensive, with canal side and beachfront homes

PALMER RANCH

Palmer Ranch is a well-established master planned community that was named for Bertha Palmer, an early Sarasota benefactor. It is home to more than 20 different neighborhoods across 10,000 acres in a slightly southern part of Sarasota. Pluses about Palmer Ranch include its proximity to many conveniences and amenities like shopping, restaurants, and recreation. There's a diversity of housing from upscale, single-family homes to affordable condos. You can retire here to play golf at one of a number of area courses, or you can watch your young family grow up, attending some of the best rated schools in Sarasota.

SOUTHERN SARASOTA COUNTY OSPREY, NOKOMIS, VENICE

It's possible to drive right past Osprey on your way to places further north or south, but if you were to linger you would find yourself in a little gem of a town. Osprey has a mix of neighborhoods – old and new, affordable and expensive. It also has access to Gulf shores and is only a short drive to the cities of Sarasota and Venice. It is also where you can enjoy the 400 acres and 15 miles of trails that is Oscar Scherer State Park.

Nokomis, like Osprey, has a mix of residential areas along with a laid-back, beach town feeling. The public beach is the jewel here and the surrounding area offers waterfront dining, some shops, plus a boat ramp and fishing along the shoreline.

The City of Venice easily offers the best of all possible worlds – small city living and beach town bliss. The latter includes 14 miles of beaches if you measure from Casey Key to Manasota Key. Its billing as the "shark tooth capital of the world" is due to an abundance of fossilized sharks' teeth buried in its sands – particularly at Caspersen Beach. Downtown

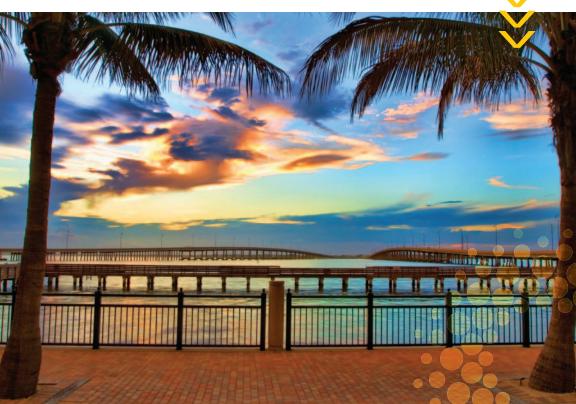
Venice was master-planned in the 1920s to be pedestrian-friendly and reminiscent of its Italian namesake city. Thus, it is a very livable, walkable and friendly place full of locally owned, one-of-a-kind shops and restaurants.

CHARLOTTE COUNTY ENGLEWOOD, NORTH PORT, PORT CHARLOTTE, PUNTA GORDA,

When you get to the small, coastal town of Englewood you may never leave. This former fishing village maintains a quiet, relaxed atmosphere with a number of unspoiled beaches and state parks along its barrier islands. It also offers notable options for dining out and things to do at places like Olde Englewood Village, West Dearborn Street and downtown Englewood.

The town of North Port is, as the name indicates, north, and also east from Englewood. It is known for more affordable housing options than its coastal neighbors. North Port has an abundance of natural Florida terrain – within its boarders are miles of freshwater canals, Myakka State Forest and Warm Mineral Springs.

First there's Port Charlotte, then Charlotte Harbor, where you cross over the Peace River into Punta Gorda. Together these three towns offer all you need to live the good Florida life. Find tons of natural and coastal activities in the first two places and a bit more to do in Punta Gorda. That includes a charming historic district along Marion Avenue just west of downtown and Fisherman's Village has restaurants and shops with water views.





COVID-19 INFORMATION RESOURCES

ccess to timely and up-to-date information about the coronavirus pandemic is crucial. The following online resources will help keep you in the know – about statistics, testing, openings and closings, changes in rules or regulations and much more. Make sure to check updates in advance of your activities.

SARASOTA

Sarasota County Government

scgov.net/government/health-and-human-services/covid-19-coronavirus

Visit Sarasota

visitsarasota.com/covid-19-faq

Sarasota County Parks

scgov.net/government/ parks-recreation-and-natural-resources

MANATEE

Manatee County Government

mymanatee.org/coronavirus
To receive text updates text ManateeReady to
888-777

The Manatee Chamber of Commerce's RecoverManatee

941-748-3411, RecoverManatee.com

Manatee County Parks Closures and cancelations:

mymanatee.org/departments/ parks___natural_resources/closures cancellations related to c o v i d-19

CHARLOTTE

Charlotte County Government

charlottecountyfl.gov/Pages/COVID-19-Information.aspx

ALL FLORIDA

Florida Department of Health

floridahealth.gov/covid-19

The Florida Scorecard

https://thefloridascorecard.org

Visit Florida

visitflorida.com/en-us/current-travel-safety-information.html

Florida State Parks Safety Updates

floridastateparks.org/learn/safety-updates

Florida Fish and Wildlife Commission

myfwc.com/recreation/notices/covid-19/



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he most enjoyable part of moving to our tri-county area is definitely not the job of handling all of the utility and service activations you need to settle in. But making sure you get your mail, have water and electricity and so on is essential. Don't delay: the information here, listed by county, will help. But first...

CHANGE YOUR ADDRESS

Once you complete your move changing your address should be on the top of your 'to-do' list. Having a local address will make other practical tasks easier to accomplish.

There are two options: go to your local post office and fill out a change of address card or change it online via the USPS website.

Here's how: To find your local Post Office go to USPS.com, then click <Quick Tools> and then click <Find Location>.

To change your address online you also go to USPS.com and click Quick Tools, then click on <Change Address>.

You can also call 800-ASK-USPS® (800-275-8777) or 941-917-0323 for assistance.

GET GOING ON UTILITIES

Today's world may run on smart phones and devices, but without electricity nothing will work right. Here are the practical resources to help you get into the regular rhythm of living by having your utilities turned on, including water, garbage collection and more.

SARASOTA COUNTY

Electricity: Florida Power & Light (FPL) 800-375-2434, fpl.com

Trash & Recycling: Sarasota County 941-493-4100, scgov.net;

City of Sarasota - 941-263-6170, scgov.net; Unincorporated Sarasota Communities -Waste Management, 1-866-989-4458, wm.com

Natural gas: TECO Peoples Gas - 877-832-6747 peoplesgas.com

Propane: Detweiler's Propane Gas Service 941-755-2651, detweilerspropane.com

Sarasota County Water & Sewer:

941-861-6790, scgov.net

Venice & South County Water & Sewer City of Venice: 941-480-3330, venicegov.com North Port: 941-426-9500, cityofnorthport.com Englewood: 941-474-3217, englewoodwater.com

MANATEE COUNTY

Electricity: FPL - 800-375-2434, fpl.com; Peace River Electric Coop. - 800-282-3824, preco.coop **Natural Gas:** TECO People's Gas - 877-832-6747, peoplesgas.com

Water/Sewer/Garbage/Recycling:

City of Bradenton Public Works - 941-708-6300, cityofbradenton.com; Manatee County Utilities - 941-792-8811, mymanatee.org

SETTLING IN

CHARLOTTE COUNTY

Electricity: FPL- 941-639-1106, 800-375-2434,

fpl.com

Garbage Collection: Waste Management Charlotte County - 941-629-1106. charlottecountyfl.gov; City of Punta Gorda 941-575-5069, ci.punta-gorda.fl.us

ALL COUNTIES (EXCEPT WHERE NOTED) PHONE, TV AND INTERNET

DIRECTV: 1-800-531-5000, directtv.com Frontier: 866-573-9927, frontier.com

Xfinity by Comcast: 941-371-6700, xfinity.com Spectrum (Manatee County): 855-222-0102,

spectrum.com

Viasat: 844-725-5605, viasat.com

ELECTIONS & VOTING

You can find all you need to know about voting and elections - including how to register to vote, local and national election dates and your voting location – at the main offices or the websites for the Supervisor of Elections of each county:

MANATEE COUNTY

Main Office: Manatee County Supervisor of Elections, 600 301 Blvd. W., Suite 108, 941-741-3823 votemanatee.com

SARASOTA COUNTY

Sarasota: Terrace Building, 101 S. Washington Blvd., 941-861-8600

Venice: Robert L. Anderson Administration Building, 4000 Tamiami Trail S., 941-861-3760 North Port: Biscayne Plaza, 13640 Tamiami Trail,

941-423-9540 sarasotavotes.com

CHARLOTTE COUNTY

Main Office: Punta Gorda Historical Courthouse. 226 Taylor St., Punta Gorda, 941-833-5400 charlottevotes.com

TAX COLLECTOR OFFICES

Tax bills are mailed out on or about November 1st of each year with the following discounts in effect for early payment: 4% if paid in November, 3% if paid in December, 2% if paid in January, 1% if paid in February and gross taxes become due in March. Taxes become delinguent April 1st and additional charges will become due. Discounts are accepted according to the POST-MARK of your payment. You should receive your bill by November 15th. The law also allows taxpayers to pay their taxes on an installment plan if their estimated tax due is more than \$100. For further information contact the tax collector for your county.

By the way: The tax collector's office can also process driver's license renewals, address changes and out-of-state driver's license transfers, and you can pay your taxes online for each county.

SARASOTA COUNTY

Barbara Ford-Coates Sarasota County Tax Collector 101 S. Washington Blvd., Sarasota 941-861-8300 SarasotaTaxCollector.com

MANATEE COUNTY

Ken Burton Jr., Manatee County Tax Collector 6007 11th St. E., Bradenton 941-741-4800, TaxCollector.com

CHARLOTTE COUNTY

Vickie L. Potts, Charlotte County Tax Collector **Englewood:** 6868 San Casa Drive, 941-681-3710 Port Charlotte: 18500 Murdock Circle. 941-743-1350

Punta Gorda: 410 Taylor St., 941-743-1350 taxcollector.charlottecountyfl.gov

TRANSPORTATION

COMMERCIAL AIRPORTS

Sarasota-Bradenton International Airport: 6000 Airport Circle, Sarasota

941-359-2770, srg-airport.com Southwest Florida International Airport:

11000 Terminal Access Rd., Fort Myers 239-590-4800, flylcpa.com

St. Pete-Clearwater International Airport: 14700 Terminal Blvd., Clearwater

727-453-7800, fly2pie.com Tampa International Airport:

4100 George J. Bean Pkwy., Tampa 813-870-8700, tampaairport.com

BUSES

Charlotte County Transit: 941-575-4000, charlottecountyfl.gov/s•ervices/transportation/ Pages/default.aspx

Manatee County Area Transit: 941-749-7116, ridemcat.org

Sarasota County Area Transit (SCAT): 941-861-1234, scgov.net/scat

Charter Bus Services: Escot Bus Lines, 941-256-8762, escotbuslines.com



his section is where you will find the informational resources to enrich the lives of every one of your family members - children, adults, teens, seniors and even your pets.

EDUCATION

Just like the ABCs, choosing the right educational fit for school-age children is a basic. The good news is all three county school districts garner good scores from the Florida Department of Education (fldoe.org).

When researching schools for your family you can also check out the Herald-Tribune's 2020-21 Readers' Choice winners for Sarasota, Manatee and Venice (readerschoice.heraldtribune.com) for the best schools of the year as voted by readers of the Herald-Tribune.



NOTE: Find up-todate information and guidance on school attendance and activities, in regard to the Covid-19 pandemic, on the website for each district or private school, listed here.

MANATEE SCHOOL DISTRICT

manateeschools.net, 941-708-8770

MANATEE PRIVATE & CHARTER SCHOOLS

The Goddard School: (PreK-9) 941-752-6600, goddardschool.com

The Out-of-Door Academy: (PreK-5) 941-349-3223, (Grades 6-12) 941-349-3224, oda.edu

Manatee Learning Academy: (PreK-10) 941-794-0088, manateelearningacademy.com Manatee School of Arts & Sciences: (PreK-6) 941-755-5012, http://msasgeckos.org

SARASOTA SCHOOL DISTRICT

941-927-9000, sarasotacountyschools.net

SARASOTA PRIVATE & CHARTER SCHOOLS

Early Care Center: (PreK) 941-366-9533, earlycarecenter.com

Out-of-Door Academy: (PreK-5) 941-349-3223, (Grades 6-12) 941-349-3224, oda.edu Sarasota Military Academy: (PreK-12 on multiple campuses) 941-926-1700,

sarasotamilitaryacademy.org VENICE SCHOOL DISTICT

941-927-9000, sarasotacountyschools.net

VENICE PRIVATE & CHARTER SCHOOLS

Grace United Methodist Preschool: (Pre-K) 941-485-4312, gracemethodistpreschool.org Epiphany Cathedral Catholic School: (PK3-8) 941-488-2215, ecstigers.com

FAMILY FIRST

CHARLOTTE SCHOOL DISTRICT

yourcharlotteschools.net/District

CHARLOTTE PRIVATE & CHARTER SCHOOLS

Charlotte Preparatory School: (Montessori, PreK-8) 941-764-7673, charlotteprepfl.com

HIGHER EDUCATION

Manatee, Sarasota and Charlotte Counties have an impressive roster of higher education resources including colleges, universities and technical schools. Many of them also offer virtual education options, as indicated.

COLLEGES & UNIVERSITIES – ALL COUNTIES

Everglades University: Undergraduate and Graduate Programs. All are 100 percent online. evergladesuniversity.edu

Florida Gulf Coast University (FGCU): Undergraduate and Graduate Programs on campus. fgcu.edu

FGCU Degree programs distance learning: fgcu.edu/online

Florida Southwestern State College, Charlotte Campus: Associate and Bachelor's degrees and Certificate programs with course flexibility including online. fsw.edu/charlotte

New College of Florida: More than 40 Bachelor's degrees, one Graduate program (Data Science) and Certificate programs. ncf.edu

Ringling College of Art & Design: FA and BFA degrees focused on art, design and creativity. ringling.edu

State College of Florida (SCF): Offers AA and BA degrees, in class and online. scf.edu

The University of South Florida Sarasota-Manatee: Undergraduate and graduate degrees, in class and online. usfsm.edu

SPECIALTY SCHOOLS

Keiser University/Center for Culinary Arts: keiseruniversity.edu

Lake Erie College for Osteopathic Medicine and Dental Medicine: LECOM.edu Manatee Technical Institute: manateetech.edu Suncoast Technical College: suncoast.edu

ONGOING EDUCATIONAL RESOURCES

Ringling College Lifelong Learning Academy: rclla.org

Sarasota Institute of Lifetime Learning (SILL): sillsarasota.org

PUBLIC LIBRARY SYSTEMS

Sarasota County: suncat.co.sarasota.fl.us Manatee County: mymanatee.org (click on <Library System>)

Charlotte County: youseemore.com/charlotte-county/

SENIOR CARE

The area is a great place to retire and grow old(er) because we have an excellent roster of services and resources for seniors. Here's a selection of the Herald-Tribune's Readers Choice winners to help you make decisions for yourself or your loved ones.

HOME HEALTH CARE

Coastal Care Nursing Associates: 941-488-7722 coastalcarenursing.com

Granny NANNIES: 941-216-7398

grannynannies.com

Take Care Private Duty Home Health Care: 941-927-2292, takecarehomehealth.com

NURSING HOMES

Manatee County: Freedom Village at Bradenton, 941-798-8000, brookdale.com/en/communities/freedom-village-at-bradenton.html
Sarasota County (Sarasota): Plymouth Harbor,

941-365-2600, plymouthharbor.org

Northminster Presbyterian Church

Caring, Connected, Christ-centered

All are Welcome! Sunday Service at 10:30 a.m. & on Facebook live

The Red-Roof Church on Lockwood Ridge Rd (one block south of University Pkwy)

3131 61st Street, Sarasota
www.NPCSarasota.com

941-355-4729



FAMILY FIRST

Sarasota County (Venice): HarborChase of Venice, 941-444-6696, harborchase.com Charlotte County: Signature Healthcare of Port Charlotte, 941-625-3200, shcofportcharlotte.com

RETIREMENT COMMUNITIES

Manatee County: Colony Cove, 941-722-7874

colonycove.mhvillage.com

Sarasota County: Lakehouse West, 941-923-7525, lakehousewest.com

Sarasota County: (Venice) Jacaranda Trace,

941-408-2050, jacarandatrace.com

Charlotte County: Grand Villa of Englewood, 941-270-3483, grandvillaenglewood.com

CAREGIVER SUPPORT RESOURCES

Senior Friendship Centers Caregiver Resource Center: One-stop clearinghouse for community resources for seniors and caregivers. Sarasota: 941-556-3268; Venice: 941-584-0071, friendshipcenters.org

Alzheimer's Association Florida Gulf Coast:

Provides individual and family consultations for caregivers to help families develop a plan of care. Also offers support for caregivers, respite and more. 941-365-8883, alz.org/flgulfcoast

JFCS - Jewish Family & Children's Services:

Provides assessment and counseling, educational seminars, caregiver training, caregiver support groups and respite services. 941-364-7560. jfcs-cares.org

VA Caregiver Support: Provides financial assistance for in-home care, day care or assisted living to eligible veterans or their widowed spouses.

Sarasota County: 941-861-2899 **Manatee County:** 941-749-3030

TideWell Hospice: Has educational program-

ming, grief support, and volunteer services to those providing care to individuals with life limiting illness. 941-552-7500, tidewell.org

EVEN MORE SENIOR RESOURCES

Area Agency On Aging for Southwest Florida:

239-652-6900, aaaswfl.org

Friendship Centers: 941-955-2122

friendshipcenters.org

Manatee County Aging Network: manateecountyagingnetwork.org

Sarasota County Aging Network (SCAN):

sarasotacountyagingnetwork.com

United Way Suncoast: unitedwaysuncoast.org

PET SERVICES

After your move your pet might be the most confused member of your family. Dogs, and especially cats, don't like change. The best thing for you to do is keep them close to home. Here are the professional services you need for your pets by checking out some of the winners of the Herald-Tribune's Readers' Choice awards. This year Sarasota, Manatee and Venice all shared the same 'bests' for pet training and pet boarding The former was **Train Pro Dog** (formerly Sarasota Dog Wizard) (trainprodogs.com) and the latter was **Bayside Pet Resort** (baysidepetresort.com). Top groomers are Beverly Hills Dog (beverlyhillsdog.net) and The Mutt Hut Grooming Salon by Bobie (themutthuttgroomingsalon.com). If, after keeping a close watch on your pets, you notice they haven't adjusted well consider asking for professional advice. The Readers' Choice 'bests' for veterinarians are The Pet Clinic for Manatee (veterinarian bradenton.com), Animal Medical Clinic of Gulf Gate for Sarasota (animalmedicalclinicgg.com) and, in Venice, it's Venice Pines Vet Clinic (venicepinesvet.com).



See this week's worship schedule at **ConcordiaSarasota_org**

See there also our worship videos and Facebook updates

Concordia Lutheran Church - 2185 Wood St ConcordiaSarasota.org - north of Sarasota High at School Ave.





Visit us today at FBCVenice.org for service times and locations as well as LIVE online services

FIRST BAPTIST CHURCH PH: (941) 485-1314 312 MIAMI AVE W VENICE, FL 34285 THE LAKEFRONT CHURCH PH: (941) 485-131-3100 EXECUTIVE DR VENICE, PL 3429

O-1887805

St. Margaret

A Welcoming place to belong Rooted in simplicity.... where all can make a difference.

Rector: Reverend Carla McCook

Services:

8 AM No Music 10 AM with blend of traditional hymns Weekday service every Wednesday at 5:00 PM

8700 State Rd. 72/Clark Rd.

941-925-2525

LUTHERAN



WORSHIP WITH US

Join us for worship online.

Pastor: Robert O. Hall Services: Saturday: 5:00 P

Saturday: 5:00 PM Sunday: 8:30 AM & 10:00 AM

11:00 AM (Nov-April) Thursday: 10:00 AM

941-488-4942

800 S. Tamiami Trail Venice * On the Island

www.emmanuel-elca.org

PRESBYTERIAN



OF LONGBOAT KEY PRESBYTERIAN (U.S.A.)

Pastor: Rev. Dr. Norman Pritchard Season Sunday Services: 10:00 AM Regular Sunday Services: 10:00 AM Visitors & Residents Welcome!

941-383-8833

6400 Gulf of Mexico Drive, Longboat Key

www.christchurchlbk.org





SYNAGOGUE - REFORM



A congregational family that welcomes newcomers with a smile, open arms and open hearts

Rabbi: Samantha Kahn Chazzan: Cliff Abramson

Services: Friday Evenings and Saturday Mornings
Office Hours: Mon – Thurs 8:30am – 4:30pm

rs: Mon – Thurs 8:30am – 4:30pm Friday – 8:30am – 3:00pm

941-924-1802

4631 South Lockwood Ridge Rd, Sarasota, FL 34231

FO-1888101 WWW.SINAISRQ.ORG





hoosing your doctors and healthcare providers are some of the most important health decisions you'll ever make. Take care to select those professionals whom you feel good about and can help keep you feeling well.

Good to know: The Agency for Health Care Administration provides a resource to find health care facilities and providers and compare services and pricing: floridahealthfinder.gov/index.html

MEDICAL PRACTICES

First Physicians Group: This Sarasota Memorial Hospital practice offers 200 plus primary and specialty care physicians and advanced practice providers in Sarasota. firstphysiciansgroup.com

Gulf Coast Medical Group: This multi-specialty medical group has locations in the Venice, South Sarasota/Osprey, Englewood and North Port communities. Doctor specialties include family medicine, internal medicine, endocrinology, cardiology, neurology, plastic & reconstructive surgery, podiatry, pulmonology, rheumatology, urgent care and occupational medicine, and women's health. (844) 366-9362, gulfcoastmedicalgroup.com

Intercoastal Medical Group: Specializes in

primary care through family practice and internal medicine and has 100 plus doctors in eight locations across Manatee and Sarasota Counties. The practice also provides advanced imaging, multiple lab drawing stations, an anticoagulation clinic and more. intercoastalmedicalgroup.com

Millennium Physician Group: Millennium Physician Group is one of the largest comprehensive independent physician groups in Florida. Its board certified specialists and highly qualified care teams are have offices in Englewood, Port Charlotte, Punta Gorda, Venice and Sarasota. The practice pledges to have the best doctors, service and quality for every patent, every time. 844-CALL-MPG, millenniumphysician.com

SPECIALISTS PEDIATRICIANS

Ellenton Pediatrics: These extensively trained and experienced pediatric physicians and nurse practitioners offer individual and personalized attention. 8425 US Highway 301 N., Parrish, 941-723-7877, ellentonpediatrics.com

IEALTI

FPG Pediatrics at Lakewood Ranch: Dedicated solely to the care and treatment of children. 8430 Enterprise Cir., Ste. 130, Lakewood Ranch 941-366-3000, firstphysiciansgroup.com

Meyer Pediatrics: Meyer Pediatrics serves patients from birth to 21 years and is dedicated to seeing that, as your children grow, they are happy, healthy and strong. 1666 Mound St., Sarasota, 941-365-5898, meverpediatricsonline.com

OB/GYN

Maurine Maguire, MD, FACOG: Expertise includes hormone replacement, infertility, pelvic floor disorder, incontinence and more. First Physicians Group, 1921 Waldemere St., Suite #307, Sarasota 941-917-8560, firstphysiciansgroup.com

Lakewood Ranch OB/GYN: Lakewood Ranch OB/GYN applies the highest standard for medical care while it treats patients of all ages with compassion and respect. 8340 Lakewood Ranch Blvd., Suite 140, Bradenton, 941-907-9298

Center For Sight: This multiple-award-winning practice has eight locations across Southwest Florida from University Park to Englewood. It offers specialty and general ophthalmological care. 941-925-2020, centerforsight.net

OPTICAL STORE

The Eye Associates: The Eye Associates, offers Florida licensed opticians and board certified technicians for your glasses and other optical needs. Multiple Locations, 1-866-865-2020, theeyeassociates.com

YOUR TEETH

Davis & Bever Dental Health Professionals: Quality care, along with comfort and convenience, are the hallmarks of Davis & Bever. 1218 E. Venice Ave., 941-488-1075, venicedentist.com

Sarasota Dental Arts: General, implant and cosmetic dentistry with Kaya Aygen, DMD 7162 S. Beneva Rd., Sarasota 941-927-8287, sarasotadentalarts.com



HEALTH

Lakewood Ranch Dental: This team of professionals offers pediatric and adult procedures as well as affordable care options. 6270 Lake Osprey Drive, Sarasota, 941-907-8300, lakewoodranchdental.com

URGENT/WALK-IN CARE

Bayfront Health

Urgent care in hospital locations Port Charlotte, 2500 Harbor Blvd., 941-766-4122 Punta Gorda, 809 E Marion Ave., 941-639-3131 emergencyroomnow.com

Pinnacle Medical Group/Blake Medical Center Expect advanced technology and treatments with fast access to care

315 75th St., Bradenton 941-751-1616, pinnacledoctors.com

Sarasota Memorial Urgent Care Center

Sarasota Memorial's Walk-In Centers are staffed by the hospital's emergency and family medicine physicians so it can meet all your personal and family health needs.

Multiple Locations, smhurgentcare.com

AREA HOSPITALS

Sarasota, Manatee and Charlotte Counties have some of the finest hospital and large medical facilities in the nation.

SARASOTA COUNTY

Centerstone of Florida

4010 Sawyer Rd., Sarasota 941-782-4150, centerstoneflorida.org

Doctors Hospital of Sarasota

5731 Bee Ridge Rd., Sarasota 941-342-1100, doctorsofsarasota.com

Englewood Community Hospital

700 Medical Blvd., Englewood 941-475-6571, englewoodcommhospital.com

Sarasota Memorial Hospital

1700 S. Tamiami Trail, Sarasota 941-917-9000, smh.com

Venice Regional Bayfront Health

540 The Rialto, Venice 941-485-7711, veniceregional.com



MANATEE COUNTY

Blake Medical Center

2020 59th St. W., Bradenton 941-792-6611, blakemedicalcenter.com

Centerstone of Florida

Mental Health Clinic: 379 6th Ave., Bradenton

941-782-4150

Addiction Treatment Center: 2020 26th Ave. E.,

Bradenton

Behavioral Health Practice: 5214 4th Ave. Circle

E., Bradenton, centerstoneflorida.org

Lakewood Ranch Medical Center

8330 Lakewood Ranch Blvd., Lakewood Ranch 941-782-2100.

lakewoodranchmedicalcenter.com

Manatee Memorial Hospital

206 Second St. E., Bradenton 941-746-5111, manateememorial.com

CHARLOTTE COUNTY

Bayfront Health Port Charlotte

2500 Harbor Blvd., Port Charlotte 941-766-4122, bayfrontcharlotte.com

Bayfront Health Punta Gorda

809 E. Marion Ave., Punta Gorda 941-639-3131, bayfrontcharlotte.com

Fawcett Memorial Hospital

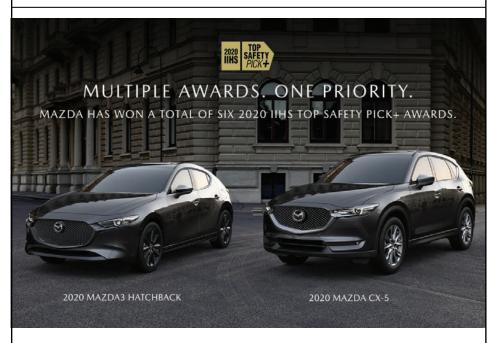
21298 Olean Blvd., Port Charlotte 941-629-1181, fawcetthospital.com



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941-924-6700

ww.mazaaorsarasota.com

Hospitals

- 1 Venice Regional Medical Center, 540 The Rialto, Venice, 34285
- **2 Doctor's Hospital of Sarasota,** 5731 Bee Ridge Rd., Sarasota, 34233
- **3 Englewood Community Hospital,** 700 Medical Blvd., Englewood, 34223
- 4 Sarasota Memorial Hospital, 1700 S. Tamiami Tr., Sarasota, 34239
- 5 Blake Medical Center, 2020 59th St. W., Bradenton, 34209
- 6 Lakewood Medical Center, 8330 Lakewood Ranch Blvd., Lakewood Ranch, 34202
- 7 Manatee Memorial Hospital, 206 Second St. E, Bradenton, 34208
- **8** Peace River Regional Medical Center, 2500 Harbor Rd., Port Charlotte, 33952
- 9 Charlotte Regional Medical Center, 809 E. Marion Ave., Punta Gorda, 33950
- 10 Fawcett Memorial Hospital,

21298 Olean Blvd., Port Charlotte, 33952

11 Sarasota Memorial Health Care's Emergency Room & Health Care Center at North Port, 2345 Bobcat Village Center Rd., North Port, 34288

Colleges & Universities

- 1 Edison State College, 26300 Airport Rd., Punta Gorda, 33950
- 2 Argosy University,
- 5250 17th St., Sarasota, 34235 3 Eckerd College,

8031 Cooper Creek Blvd., University Park, 34201

- Everglades University, 6001 Lake Osprey Dr., Sarasota, 34240
- **5** Keiser University,
- 6151 Lake Osprey Dr., Sarasota, 34240
- 6 Lake Erie College of Osteopathic Medicine and School of Pharmacy, 5000 Lakewood Ranch Blvd., Bradenton, 34211

7 LECOM School of Dental Medicine,

- 4800 Lakewood Ranch Blvd., Bradenton, 34211
- 8 Manatee Technical College, 6305 SR 70, Bradenton, 34203
- 9 New College of Florida, 5800 Bay Shore Rd., Sarasota, 34243
- 10 Ringling College of Art and Design, 2700 N. Tamiami Tr., Sarasota, 34234
- 11 Suncoast Technical College, 4748 Beneva Rd., Sarasota, 34233

State College of Florida

- 12A 5840 26th St. W., Bradenton, 34207
- 12B 8000 S. Tamiami Tr., Venice, 34293
- 12C 7131 Professional Parkway E., Sarasota, 34240
- **University of South Florida**
- 13 8350 N. Tamiami Tr., Sarasota, 34243
- 14 Webster University

8043 Cooper Creek Blvd., University Park, 34201



Tax Collector & Driver's License Sarasota County Tax Collector

- 1 101 S. Washington Blvd., Sarasota, 34236
- 2 8484 S. Tamiami Tr., Sarasota, 34238
- 3 4000 S. Tamiami Tr., Venice, 34293
- 4 4970 City Hall Blvd., North Port, 34286
- 5 Driver's License Office: 601 S. Pompano Ave. (behind Robarts)

Manatee County Tax Collector

- 6 819 301 Blvd. W, 34205 -Driver's License location as well
- **7** 7411 Manatee Ave. Suite 200, 34209
- 8 4333 US Hwy. 301, Ellenton, 34222

Charlotte Tax Collector and Driver's License

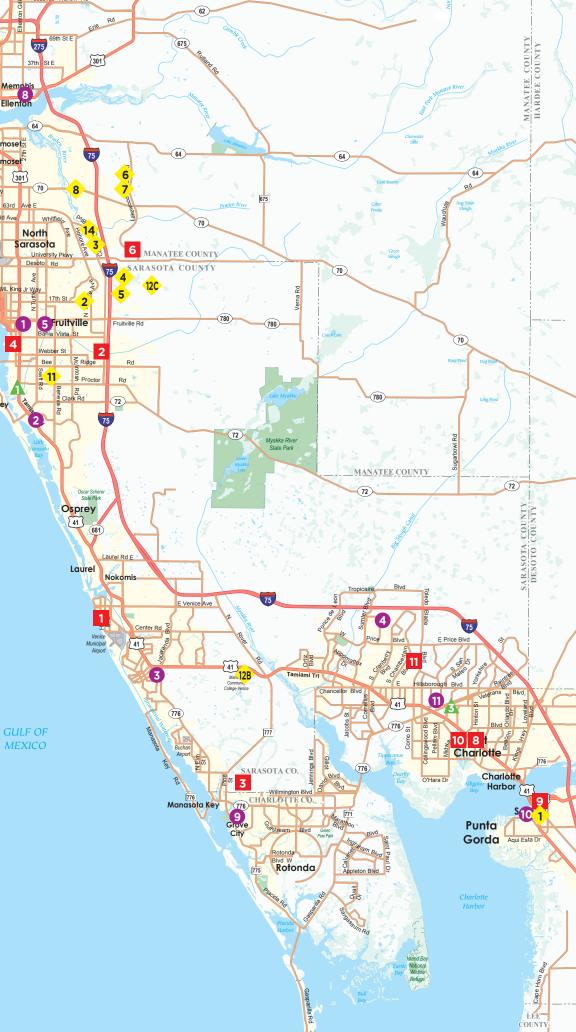
- 9 6868 San Casa Dr., Englewood, 34224
- 410 Taylor St., Punta Gorda, 33980 Limited Services
- 11) 18500 Murdock Circle, Port Charlotte, 33948

School District Offices

A Sarasota County Schools, 1960 Landings Blvd., Sarasota, 34231

A School District of Manatee County, 215 Manatee Ave. W., Bradenton, 34205

A Charlotte County Public Schools, 1445 Education Way, Port Charlotte, 33948





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241 Interstate Court Sarasota, FL 34240
Florida State License CCC1325654





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Find gently used clothing, shoes, books, household wares, and much more at a fraction of regular retail prices! For a list of locations, visit our website!

EXPERIENCEGOODWILL.ORG

WELLNESS

STRESS REDUCTION FOR MENTAL AND PHYSICAL HEALTH

"When you look good, you feel good."The following resources help both parts of that equation. Here are hair and nail services for looking good and spas and gyms for the feel good part.

MASSAGES - DAY SPAS - HAIR & NAILS

A Heavenly Touch Massage Therapy

Professional massage services that result in a wonderful healing feeling. 1213 S. Tamiami Trail., Sarasota 941-928-5116 aheavenlytouchsrq.com

The Blue Door Spa & Salon

The Blue Door Spa offers a full range of pampering services including hair care, body care, facials, massages and more. 5234 State Rd. 64 E., Bradenton 941-747-0111, bluedoorspaandsalon.com

Cutting Loose Salon

This full-service salon offers specialties like French haircutting and balyage, curly hair and more. It has two locations: University Park at The Square at UTC (941-358-6000) and in Lakewood Ranch at River Club Plaza (941-404-7100). CuttingLoose.net

Green Apple Salon & Spa

Services here include styling, color highlights and more.

101 Capri Isles Blvd. #1, Venice 941-484-3993, greenapplesalonandspa.com

Nuovo Salons

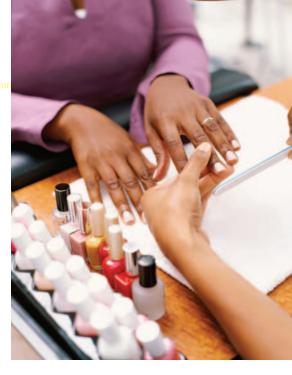
Nuovo Salons' hair care is second to none. Nail and skin pampering services too. Multiple Locations nuovosalongroup.com

Paint Nail Bar Sarasota

Sarasota's premiere luxury nail bar provides impeccable service by talented nail technicians in a fume-free environment.
1417 1st St., Sarasota
941-366-8989, paintnailbar.com

Spa Hollywood

Enjoy a range of modalities including body thera-



pies, stress-relieving massages, facials and more. 5780 Swift Road, Sarasota 941-947-2635, spahollywood.com

Therapeutic Massage of Venice

The therapists here help you achieve and maintain your body's maximum performance.
258 S. Tamiami Trail
941-484-6503, therapeuticmassageofvenice.com

Tip Top Nails & Spa

This salon and spa offers courteous and professional services.
317 Jacaranda Blvd., Venice
941-485-6161, tiptopnailsandspafl.com

Venice Day Spa

Venice Day Spa celebrates 25 years of pampering and indulging the people of Venice. 509 Tamiami Trail S. 941-488-3674, venice-dayspa.com

STAYING FIT

Regular physical activity has been proven to not just help you gain muscle strength and boost your endurance. It also helps control your weight, combat any health conditions and diseases you may have, improve your mood, help you sleep better, and maybe spark your sex life too! So let's get down to it. Her are some of the primary places for working out and fitness in our area. Don't for get to exercise caution!

Crunch Gym

Crunch believes in making serious exercise fun by fusing fitness and entertainment. Multiple locations in Sarasota and Manatee counties. crunch.com

WELLNESS

Group exercise, personal training and more Multiple locations in Sarasota and Manatee counties lafitness.com

Orange Theory Fitness

Promoting a science-backed, technology-tracked, coach-inspired group workout designed to produce results from the inside out. Multiple locations in Sarasota and Lakewood Ranch. orangetheoryfitness.com

Planet Fitness

Tons of equipment and unlimited fitness training. Multiple locations in Sarasota and Manatee counties. planetfitness.com

Shapes Fitness for Women

A women-only club with express workouts and a positive, fun environment. Multiple locations in Sarasota and Manatee counties. shapesfitnessforwomen.com

Youfit creates fitness experiences catered to individuals at an affordable cost. Multiple locations in Manatee, Sarasota and Charlotte counties. youfit.com

YMCA(S)

Manatee YMCA

Provides health and fitness activities for individuals, families and seniors. Five Locations in Manatee County. manateeymca.org

The SKY Family YMCA

Committed to strengthening bodies as well as communities.

Multiple locations in Venice, Charlotte county and Ft. Myers. swflymca.org



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eeping things going - whether for your home or your vehicle you will need to find the service providers that can keep everything running. The following people and places were deemed "best of" in their Home or Auto category by your neighbors: the readers of the Herald-Tribune. Find all the latest Readers' Choice award winners at heraldtribune. com/readerschoice.

To ensure that you, and your vendor of choice, are as safe as possible please refer to the Covid-19 Information Resources listings on page (15).

THE WINNERS ARE!

Wondering about the best choices for dining, shopping, health providers, professional services and more? Find out in the Herald-Tribune's Readers' Choice where, each year, readers vote for their top picks in Sarasota and Manatee counties and the city of

View the winners online at: heraldtribune.com/readerschoice



HOME

HOME REPAIR & MAINTENANCE

When settling in to your new home one of the first things to do is to make sure all your appliances and electronics work (hint: your air conditioner is crucial). Here are some suggestions for repair and maintenance.

AC/ELECTRIC/PLUMBING

AC Warehouse

Air conditioning, heating and service 941-755-5555, acwarehouse.com

Babe's Plumbing Inc.

Full service plumbing and a fire sprinkler division 941-488-2402, babesplumbing.com

Bolt Electric

Electrical services 888-494-7454 boltelectricfl.com

Care Flectric

Electrical services 941-925-3367

Cool Today

Air conditioning, plumbing and additional services (800) 226-2636, cooltoday.com

Honest Air Conditioning of Venice

Air conditioning sales, service and installation and maintenance 941-496-7566 honestacofvenice.com

Richards Plumbing & Electric

Plumbing and electric service, repairs and remodels 941-748-2275 richardsplumbingrepair.com

ROOF REPAIR/REPLACEMENT

Roofing By Curry

Roof replacement, repair and new construction 941-270-4770 roofingbycurry.com

WINDOW REPAIR/REPLACEMENT

Weather Tite Windows

Replacement windows and doors 941-870-0619 weathertitewindows.com



DESIGN & RENOVATION

Once the mechanical things in your house are working well, it may be time to design, redesign or even renovate the parts of your home that are less than ideal. Here are some service provider options.

CLOSETS & CABINETS

Closet Tec

Builds and installs fine closets, home offices, media centers and more 941-923-4563, closettecinc.com

INTERIOR DESIGNER & FURNITURE STORE

Norris Furniture & Interiors

Furniture and fabrics, home interior design

941-556-0501, norrisfurniture.com

KITCHEN & BATH REMODELER

Kirkplan Kitchens

Kitchen and bathroom remodeling services 941-341-0401, kirkplankitchens.com

CLEANING SERVICES

It almost goes without saying that a thorough carpet or house cleaning goes a long way towards a home sweet home.

CARPET CLEANING

Stanley Steamer

Carpet, tile and grout, and upholstery cleaning and disinfecting 941-907-6627, stanleysteemer.com

HOME & AUTO

Heaven's Best Carpet Cleaning

Safe, fast and professional 941-626-1987 or 941-525-3919 venicefl.heavensbest.com

HOME CLEANING

Crystal Clean Green Cleaning

Fair prices, great services 941-894-6845, crystalcleangreencleaning.com

Sweeney Cleaning Co.

Safe, eco-friendly carpet cleaning services 941-921-5565, sweeneycleaning.net

HOME CLEANING

Royal Maids of Venice

Custom home cleaning and professional service 941-202-6408, veniceroyalmaids.com

The Maids Of Sarasota

Full service cleaning 941-377-6770, maids.com/158

GARDEN & LANDSCAPE

Improve your home's curb appeal naturally.

GARDEN CENTER

Your Farm & Garden

735 S. Beneva Road, Sarasota Plants, pottery, gardening supplies, landscaping and more 941-366-4954, yourfarmandgarden.com

LANDSCAPING & MAINTENANCE

ArtisTree Landscape Maintenance & Design Landscape maintenance and design services 941-488-8897, artistree.com

AUTOYOUR VEHICLE

First things first, let's make sure your license and registration is up to date and localized. The good news here is that both these tasks are fairly straightforward. Here's what you need to know:

DRIVER'S LICENSE OFFICES

To save time, please ensure you have the proper documents before visiting your driver's license office. If you have any questions visit GatherGo-Get.com. The Tax Collector's offices can process driver's license renewals, address changes and out-of-state driver's license transfers. Also, license renewal and some other services are available online.

Find out locations and other details for each county here:

Manatee: 941-741-4800, taxcollector.com

Sarasota: 941-861-8300, sarasotataxcollector.com Charlotte: 941-743-1350,

taxcollector.charlottecountyfl.gov





AUTO SERVICES

Next, it's time to make sure your vehicle is in tiptop shape. Here are area winners for auto service and support.

AUTO BODY REPAIR

Car Chemistry Auto Body & Painting 405 E. Venice Ave., Venice 941-485-2174, carchemistry.net

Jake's Automotive

708 9th St. W., Bradenton 941-747-2976, jakes-automotive.com

Sunset Chevrolet Buick GMC

1800 Bay Road, Sarasota 941-312-2735, sunsetgm.com

AUTO SERVICE

Encore Motorcars of Sarasota 941-922-6337, encoreautos.com

Masella's Auto Repair

941-488-1122 masellasautorepair.com

Venice Toyota

900 US 41 Bypass, Venice 941-484-9000, venicetoyota.com

FAST OIL CHANGE

Sarasota Ford

12 S. Washington Blvd., Sarasota 941-366-3673, sarasotaford.com

BUYING A NEW VEHICLE

If you have been hankering for a new, or newto-you vehicle, maybe now is the time. Try these trusted dealers

Alex Karras Lincoln-Mercury:

941-756-4004, karraslincoln.com

Ed Howard Lincoln:

941-921-4402, edhowardlincoln.net

Nissan of Bradenton:

941-755-1571, nissanofbradenton.com

Sarasota Mitsubishi Suzuki:

941-702-9527, sarasotamitsubishicars.com

Sarasota Ford: 855-382-6086, sarasotaford.com

Sunset Cadillac of Sarasota:

941-328-8686, sunsetcadillacsarasota.com

Sunset Dodge Chrysler Jeep Ram FIAT:

941-923-1700, sunsetdodgejeep.net

Sunset Kia of Sarasota:

941-308-7707, sunsetkiasarasota.com

Suncoast Porche-VW:

941-923-1700, sunsetporche.com



s you may know, the Manatee, Sarasota and Charlotte region can trace its arts and cultural legacy to the 1920s, when John Ringling came to town. The circus magnate not only made Sarasota the winter home for "The Greatest Show on Earth," he played a seminal role in developing real estate and the arts. In fact, the museum with his name on it is, arguably, the oldest institution of its kind in our area.

In the more than 90 years since The Ringling (Museum) opened, Manatee, Sarasota and Charlotte counties have expanded to include hundreds of diverse arts organizations and is often referred to as Florida's 'Cultural Coast." Here is a selection.

Please note: For many arts and cultural groups, the operational and scheduling changes needed to move forward safely and open shows, exhibits or programs, has taken more time than other industries. Some are moving forward later than usual in the 2020-2021 season and others have cancelled the season altogether.

On the plus side – most have developed online galleries, performances, educational videos and more. Please support area arts by checking for virtual schedules and updated information and then...on with the show!

FINE ARTS

MANATEE

ArtCenter Manatee

209 Ninth St. West, Bradenton 941-746-2862, artcentermanatee.org

Dancing Crane Gallery

1101 10th Ave. W., Bradenton 941-744-1333 dancing-crane.com

The Gallery at State College of Florida

Building 11 N., Bradenton Campus 941-752-5225 scf.edu/Academics/FinePerformingArts/ FineArtGallery/

SARASOTA

Art Center Sarasota

707 N. Tamiami Trail, Sarasota 941-365-2032 artsarasota.org

Embracing Our Differences:

A Project of Coexistence, Inc. P.O. Box 2559, Sarasota 941-404-5710 embracingourdifferences.org

Fine Arts Society of Sarasota

PO Box 1432, Sarasota 941-330-0680 fineartssarasota.com

ARTS & CULTURE

Sarasota Art Museum

891 S. Tamiami Trail, Sarasota 941-309-7662, SarasotaArtMuseum.org

The Ringling

5401 Bay Shore Rd., Sarasota 941-359-5700, ringling.org

Venice Art Center

390 Nokomis Ave. S., Venice 941-485-7136, veniceartcenter.com

CHARLOTTE

Englewood Art Center

A Ringling College of Art and Design Gallery 350 S. McCall Rd., Englewood 941-474-5548, eac.ringling.edu

The Hermitage Artist Retreat

6660 Manasota Key Rd., Englewood 941-475-2098 hermitageartistretreat.org

NATURE & HERITAGE MANATEE

Bishop Museum of Science & Nature 201 10th St. W., Bradenton 941-746-4131, bishopscience.org

SARASOTA

Crowley Natural & Cultural History Center 16405 Myakka Rd., Sarasota 941-322-1000, crowleyfl.org

Marie Selby Botanical Gardens/ **Historic Spanish Point**

Downtown Sarasota Campus 1534 Mound Street, Sarasota 941-366-5731

Historic Spanish Point Campus

337 North Tamiami Trail, Osprey 941-966-5214, selby.org

CHARLOTTE

Blanchard House Museum

406 Martin Luther King Blvd., Punta Gorda 941-575-7518, blanchardhousemuseum.org

MUSIC & DANCE SARASOTA

Jazz Club of Sarasota Inc.

330 S. Pineapple Ave., Sarasota 941-366-1552, jazzclubsarasota.org

Key Chorale

P.O. Box 20613, Sarasota 941-921-4845, keychorale.org

La Musica

P.O. Box 5442, Sarasota 941-366-8450, Ext. 7, lamusicafestival.org

Sarasota Ballet

5555 N. Tamiami Trail, Sarasota 941-359-0099, sarasotaballet.org

Sarasota Contemporary Dance

1400 Blvd. of the Arts, Ste. 300, Sarasota 941-260-8485, sarasotacontemporarydance.org

Sarasota Opera

Sarasota Opera House 61. N. Pineapple Ave., Sarasota 941-328-1300, sarasotaopera.org

Sarasota Orchestra

Beatrice Friedman Symphony Center 709 N. Tamiami Trail, Sarasota 941-953-3434, sarasotaorchestra.org



ARTS & CULTURE

The Venice Symphony

230 S. Tamiami Tr., Venice 941-207-8822 (Box Office) thevenicesymphony.org

CHARLOTTE

Charlotte Symphony Orchestra

6210 Scott St., Punta Gorda 941-205-5996, charlottesymphony.com

PERFORMING ARTS

MANATEE

Manatee Performing Arts Center/ Manatee Players

502 3rd Avenue West, Bradenton 941-748-0111, 941-748-5875 manateeplayers.com manateeperformingartscenter.com

Neel Performing Arts Center

5840 26th St. W., Bradenton 941-752-5252 scf.edu/CampusLife/NeelPerformingArtsCenter

SARASOTA

Asolo Repertory Theatre

5555 N. Tamiami Trail, Sarasota 941-351-8000, asolorep.org

The Circus Arts Conservatory

2075 Bahia Vista Street, Sarasota 941-355-9335, circusarts.org

Florida Studio Theatre

1241 N. Palm Ave., Sarasota 941-366-9000 floridastudiotheatre.org

The Players Centre for the Performing Arts

838 N. Tamiami Trail, Sarasota 941-365-2494, theplayers.org Note: The Players Centre will be relocating. Check website for current status.

Studio 84 Productions at State College of Florida

Howard Studio Theatre 5840 26th Street, Bradenton 941-752-5252 scf.edu/Academics/DramaticArts/Studio84

Urbanite Theatre

1487 Second St., Sarasota 941-321-1397, urbanitetheatre.com

Van Wezel Performing Arts Hall

777 N. Tamiami Trail, Sarasota 941-953-3368, 941-955-7676 vanwezel.org

Westcoast Black Theatre Troupe

Theatre location: 1646 10th Way, Sarasota Box office location: 1343 Main St. Ste. 502, Sarasota 941-366-1505, westcoastblacktheatre.org

Venice Theatre

140 W. Tampa Ave., Venice 941-488-1115, venicestage.com

CHARLOTTE

Charlotte Players

1182 Market Circle, Port Charlotte 941-255-1022, charlotteplayers.org

Glenridge Performing Arts Center

7333 Scotland Way, Sarasota 941-552-5325, theglenridge.com

Lemon Bay Playhouse

96 W. Dearborn St., Englewood 941-475-6756 lemonbayplayhouse.com

North Port Performing Arts Center

6400 West Price Blvd., North Port 941-426-8479 nppaa.net/the_pac.html

ALSO...

Fogertyville Community Media and Arts Center

525 Kumquat Court, Sarasota 941-545-5635, fogartyville.org

Sarasota Film Festival

332 Cocoanut Ave., Sarasota 941-364-9514 sarasotafilmfestival.com

Sarasota Film Society

330 S. Pineapple Ave., Sarasota 941-364-8662 Burns Court: 506 Burns Lane, Sarasota 941-955-3457 Lakewood Ranch: 10715 Rodeo Drive #8, Sarasota, 941-955-3457





OUTSIDE ADVENTURES



dventuring in the great outdoors is a safe and healthy way to enjoy yourself here – in Manatee, Sarasota and Charlotte counties – as everywhere. From our award-winning beaches, to the many parks and recreation areas and participatory and spectator sports, there are lots of choices to get . . . outside!

To learn what safety factors are important at the beach check out cdc.gov/coronavirus/2019-ncov/community/parks-rec/public-beaches.html

AREA BEACHES

From as far south as Stump Pass Beach State Park to the northern-most tip of Anna Maria Island, Charlotte, Sarasota and Manatee Counties offer an unsurpassed variety of shorelines and amenities. No two are the

*

NOTE: Your health and safety is of utmost importance so be careful, and refer to the Covid-19 Information Resources listings on page 15 for all updates on beaches. same, so you will have to experience them all for yourself.

Good to know: Mote Marine Laboratory & Aquarium dynamically reports on Florida Gulf beach conditions from South Marco Island to Orange Beach in Pensacola at visitbeaches.org.

MANATEE COUNTY

mymanatee.com

Anna Maria Beach: This seven-mile shoreline – really a barrier island – offers few amenities, just a long pristine stretch of powdery sand and beautiful blue Gulf.

Coquina Beach: This is the place for families with kids and boisterous groups of tourists. That's because it's many amenities – like pavilions, picnic tables, barbeque pits and concessions – are made for parties. Also lifeguards, free parking and lots of shade trees.



Cortez Beach: Cortez Beach, located just north of Coquina Beach, is the yin to Coquina's yang. It's quieter and smaller with 140 feet of undeveloped shoreline offering a natural, old Florida-like feel.

Manatee County Public Beach: This nice, sandy beach is super family-friendly with free parking, bountiful concessions, restrooms and showers, volleyball courts, a playground for kids plus lifeguards and medical rescue service.

Palma Sola Causeway: Four spits of sand

along Manatee Avenue W. overlook both sides of Palma Sola Bay, making it perfect for families and singles. It is also one of the few area beaches where pets are allowed.

SARASOTA COUNTY

scgov.net/beaches

Lido Key Beach: This popular, family-friendly destination comprises more than 3,000 feet of beachfront and has food, restrooms, parking, a pavilion and a public pool with changing area.



OUTSIDE ADVENTURES



Longboat Key: Eleven miles of mostly private beach with the exception of one-quarter mile of public access at Whitney Beach, located on the north end of the key.

North Lido Beach: This half-mile stretch, right at the juncture of St. Armands Circle and Lido Key, maintains natural dunes and habitat for shore birds and nesting turtles.

Siesta Beach: Award-winning Siesta Beach boasts powdery white sand, calm waters and a tropical feel. It has a smartly designed and planned pavilion with restrooms, a snack shop and an esplanade that runs the length of the beach.

South Lido Park: Located at the southern tip of Lido Key, the beach at South Lido is wilder than it's northern neighbor. Find shells and driftwood. Watch for strong currents.

Turtle Beach: Named for the sea turtle nesting areas that dot its 14 acres, Turtle beach is at the far south end of Siesta Key. It features a narrow shoreline and deeper waters than some area beaches. New facilities offer improved amenities, and the area also has a boat and canoe ramp.

NOKOMIS & VENICE

scgov.net/beaches, venice.gov

Nokomis Beach: Located on Casey Key Rd., Nokomis Beach is a family-friendly destination popular for swimming, fishing and picnicking.

North Jetty Park: On the southern tip of Casey Key, adjacent to Nokomis Beach, is North Jetty Park. Surfers find their best waves here and there's some fine fishing from out on the jetty.

Brohard Beach and Paw Park: This 22-acre park has set aside one acre for the dogs to roam free of leashes. It's also home to the City of Venice Municipal Pier.

Caspersen Beach: The beach that gave Venice the name "Shark's Tooth Capital of the World," Caspersen Beach also has great shelling, a boardwalk, a nature trail and more.

Venice Municipal Beach: This popular beach is conveniently located near the shops and restaurants of downtown Venice. It also has a fossilized coral reef just one-quarter mile offshore, making it a great spot for scuba diving.

ENGLEWOOD & PORT CHARLOTTE

charlottecountyfl.com

Englewood Beach: Englewood Beach offers parking, showers, restrooms and picnic tables – making it a delightful option for families.

Gasparillia Island: This quiet island, located south of Englewood has excellent fishing, shelling, snorkeling and more. It is also home to the Port Boca Grande lighthouse.



Manasota Beach: Enjoy a wide, sandy beach and discover seashells along the shore – that's what Manasota Beach offers, plus a boardwalk on the Intracoastal that winds through mangroves, past boat ramps, docks, picnic areas and concession facilities.

Port Charlotte Beach Complex: This popular beach offers family-packed fun with boat ramps, grills, basketball, tennis and volleyball courts, a heated pool, a fishing pier and even a dog park – all ideally situated along the tranquil Peace River.

PARKS & RECREATION

All the while that area beaches are getting the attention, our parks, preserves and nature centers are confidently radiating their sublime beauty. No need to show off, they humbly provide for all kinds of outdoor adventures.

The following listings cover all three counties - Manatee, Sarasota and Charlotte. Find updated information for Sarasota at scgov. net/government/parks-recreation-and-natural-resources/find-a-park, unless otherwise indicated.

To learn what safety factors are important when visiting parks check out cdc.gov/coronavirus/2019-ncov/daily-life-coping/visitors. html

Bradenton Riverwalk

Overlooking the Manatee River, Riverwalk has a 1.5-mile, ADA-accessible park area spanning downtown with to-do features such as a skate park, beach volleyball, a fishing pier and even an amphitheater. facebook.com/BradentonRiverwalk

The Celery Fields

This 360-plus acre site has open marshlands, deep ponds, shallow pools, and canals, plus old oaks, willows, and pines. There are two boardwalks for wildlife viewing, including a multitude of bird species, plus hiking trails. It's also Sarasota County's primary storm water collection zone and has an Audubon Nature Center.

6893 Palmer Blvd., Sarasota sarasotaaudubon.org/the-celery-fields

Crowley Museum and Nature Center

Located on 190 acres of pristine Florida woods, marsh and the Myakka River, Crowley has three miles of nature trails plus



a 2,000-foot boardwalk overlooking five natural Florida wildlife habitats. Also view an 1892 "cracker" house, blacksmith shop, pioneer museum, cabin and Florida Muscatine grape vineyard.

16405 Myakka Road, Sarasota, 941-322-1000 cmncfl.org

Deer Prairie Creek Preserve

More than 70 miles of trails, most unpaved but accessible, run through the Deer Prairie Creek Preserve, which is east of Venice. It's used by hikers, bicyclists and equestrians.

7001 Forbes Trail, Venice; 941-861-5000 swfwmd.state.fl.us/recreation/myakkariver-deer-prairie-creek

Emerson Point Preserve

Located at the West end of Snead island on the north shore of the Manatee river. Emerson Point Preserve offers a network of hiking and kayak trails to experience a wide variety of coastal Florida wildlife and habitats.

5801 17th Street West, Palmetto, facebook.com/Fmerson.Point.Preserve/

Felts Audubon Preserve

Tagged as the place "for the birds...and for birders," Felts is a serene, 27-acre nature preserve with 3.5 miles of trails located in Palmetto. It's being further developed by the Manatee Audubon Society to provide environmental education.

4600 24th Ave. E., Palmetto manateeaudubon.org/felts_.html

OUTSIDE ADVENTURES

Jelks Preserve

This preserve borders the Myakka River with eight miles of trails, including the 3.3-mile outer loop trail. While exploring, look for diverse hammocks, pine flatwoods and seasonal wetlands. You can also observe gopher tortoises, swallowtail butterflies and swallow-tailed kites plus an assortment of songbirds and wildflowers.

2300 N. River Road, Venice, 941-861-5000

Lemon Bay Aquatic Preserve

Includes Cedar Point Environmental Park and the Lemon Bay Park and Environmental Center

Cedar Point Environmental Park protects 115 acres of a peninsula in Englewood along Lemon Bay and provides a broad range of habitat diversity and wildlife – including the nests of American bald eagles – along its 3.5 miles of hiking trails. The 210-acre Lemon Bay Park has 1.7 miles of shoreline along Lemon Bay where visitors can enjoy eight miles of walking trails, a butterfly garden, opportunities for bird watching, a canoe and kayak launch and more.

Cedar Point Environmental Park 2300 Placida Road, Englewood, checflorida. org/Cedar_Point.html Lemon Bay Park and Environmental Center 570 Bay Park Blvd., Englewood, 941-861-5000

Myakkahatchee Creek Environmental Park

This 160-acre park in North Port has four miles of multi-use trails along a black water creek lined with century-old oaks for hiking, biking, birding and horseback riding. Primitive camping is also available with permit. 6968 Reisterstown Road, North Port 941-861-5000

Myakka River State Park

As Florida's largest state park, this 37,000acre area boasts quite a variety of environments including wetlands, prairie, pine flatwoods and oak and palm hammocks. The Myakka River flows through 57 miles of the park, which is home to 100 species of birds, along with deer, feral hogs, bobcats and other native wildlife, including alligators. 13208 State Road 72, Sarasota 941-361-6511, myakkariver.org

Oscar Scherer State Park

Oscar Scherer stretches across 1,300 acres and 15 miles of trails that include flatwoods, tracts of depression marshes, pine forests and a black water stream. See birds, bobcats, river otters, bald eagles and alligators. Take a self-guided nature trail, dip into the freshwater lake, rent canoes or have a picnic. The



Lester Finley Nature Trail accommodates those with sight, hearing and mobility impairments.

1843 S. Tamiami Trail, Osprey, 941-483-5956 floridastateparks.org/OscarScherer/

The Peace River Wildlife Center

The Peace River Wildlife Center rescues native wildlife, including birds and turtles, and introduces as many as possible back into the wild. But a bunch of critters remain for close-up viewing.

3400 Ponce de Leon Parkway, Punta Gorda 941-637-3830, prwildlife.org

Phillippi Estate Park

Nestled south of downtown Sarasota and east of Siesta Key, Phillippi Estate Park on the shores of Phillippi Creek offers 60 acres filled with environmental and historic attractions such as the Edson Keith Mansion, which is listed on the National Register of Historic Places. Paths lead from the mansion to a playground and dock overlooking the creek. There's also a short trail that heads into the woods along Little Sarasota Bay.

5500 S. Tamiami Trail, Sarasota

Red Bug Slough

Looking for nature in the middle of Sarasota suburbs? Red Bug Slough is a 72-acre preserve right in central Sarasota. It offers hiking trails, a fishing pier, a playground field and more. Leashed pets are welcome. 5000 S. Beneva Road, Sarasota 941-861-5000

Robinson Nature Preserve

This northwest Bradenton preserve consists of 682 acres with a mix of preserved mangrove, tidal marsh, and coastal wetland habitat. It boasts a 2.5k rubberized pedestrian-only trail, plus kayak launches restrooms, picnic areas and more. Visitors can use one of two entrances:

17th Ave. N.W. 1704 99th Street Northwest. Bradenton

9th Ave. N.W. 840 99th St. N.W., Bradenton, robinsonpreserve.com

Rothenbach Park

This park is best known for its 2.75-mile bike loop that circles a 90-foot capped landfill mound, a path that winds through palmettos and oaks dripping with Spanish



moss. There are also two playground areas with safe equipment that sits on top of a soft mulch surface so children can run and iump with reduced risk of injury. The park has a pavilion, too, that includes restrooms, picnic tables and grills.

8650 Bee Ridge Road, Sarasota

Snook Haven Park

Originally an old fish camp, this 2.5-acre parcel in Venice sits on the Myakka River and has shoreline fishing, kayak and canoe rentals and its namesake riverfront restaurant. Snook Haven.

5000 East Venice Ave., Venice, 941-485-7221 snookhaven.com

Ted Sperling Park

Located at South Lido Beach, Ted Sperling Park has natural Florida beach habitat where four bodies of water interact: the Gulf of Mexico, Big Pass, Sarasota Bay and Brushy Bayou. Enjoy walking, kayaking, bird watching and more.

2201 Ben Franklin Dr, Sarasota, 941-861-5000

Warm Mineral Springs

This natural, warm-water spring – the only one in Florida – maintains 85 degrees year round and contains an estimated 51 minerals – one of the highest mineral content of any natural spring in the United States. 12200 San Servando Ave., North Port 941-426-1692

cityofnorthport.com/visitors/visit-north-port/ warm-mineral-springs-park



arasota, Manatee and Charlotte counties offer a variety of options for professional sports fans – especially when it comes to baseball and football.

BASEBALL FIRST

1-2-3-4. That the count for how many major league teams come to the area for spring training. They are:

- The **Atlanta Braves** at CoolTodayPark (mlb.com/braves/braves-spring-training).
- The **Baltimore Orioles** at Ed Smith Stadium (mlb.com/orioles/spring-training/ ballpark)
- The **Pittsburgh Pirates** at LECOM Park (mlb.com/pirates/spring-training/ballpark)
- •The **Tampa Bay Rays** at the Charlotte County Sports Complex (mlb.com/rays/ spring-training/ballpark)



FOOTBALL TOO

With the **Tampa Bay Buccaneers** (The Bucs) and the high-flying **University of South Florida Bulls** sharing Amalie Arena (amaliearena.com) in Tampa, big-time football games are just 62 miles north of Sarasota via the Interstate (I75).

PARTICIPATORY SPORTS

Many people move to Florida so they can have a more active lifestyle than other places – and there is plenty to do here. However, not all sports are created equal in the coronavirus era. Some low-risk ways to move more, according to mayoclinic.com, include the following:

GOLF

With more than 100 golf courses across three counties, our area a haven for all levels of golfers. Here are just few from north to south:

SPORTS FANS

TPC Prestancia: tpcprestancia.com University Park Country Club: universitypark-fl.com

The Legacy at Lakewood Ranch: Rolling Green Golf Club: rollinggreengc.com

The Meadows: meadowcc.com

Lake Venice Golf Club: lakevenicegolf.com Heron Creek Golf & Country Club:

heron-creek.com

Bobcat Trail Golf Club: bobcattrailgc.com Riverwood Golf Club: riverwoodgc.com

TENNIS

Our area abounds in tennis courts – public and private. In fact, the Global Tennis Network (globaltennisnetwork.com) logs more than 65 public courts in the Manatee area, including Palmetto Historical Park, GT Bray Park and Lakewood Ranch Community Park and nearly 50 Sarasota public courts with locations that include Arlington Park, Payne Park Tennis Center on Adams Lane, Pioneer Park and more. In Charlotte County the number of public courses in city and state parks and other locations is close to 40.

There is also an abundance of private tennis clubs in the area. Here is a selection. In Sarasota: Laurel Oak Country Club (laureloak.com/tennis), the Landings

Racquet Club (thelandingsofsarasota.com), the Meadows Racquet Club (meadowscc. org), Palm-Aire Racquet Club (palmaire. net), and Resort at Longboat Key Club (longboatkeyclub.com). In Manatee County: Rosedale Golf & Country Club (rosedalecountryclub.com), University Park Country Club (universitypark-fl.com) and Bradenton County Club (bradentoncc.org). In Charlotte County: Riverwood Golf Club (riverwoodgc.com) and Englewood Tennis Club (englewoodtennisclub.com).

BICYCLING

The Sarasota/Manatee Bicycle Club (smbc.us) covers the two counties of Sarasota and Manatee. Coastal Cruisers (coastalcruisers.net) extends from Nokomis and Venice through Englewood and Port Charlotte.

RUNNING

Sarasota and Manatee has the Manasota Track Club (manasotatrackclub.org). Manatee has the **Bradenton Runners Club** (bradentonrunnersclub.com) and Lakewood Ranch Running Club (lakewoodranchrunningclub.com). In Charlotte check out Zoomers Running Club (zoomersrun.com).



SHOP & DINE



ow we shop and dine is different now: safety is paramount and out in the open air is a good idea. Luckily, outdoor dining has always been on the menu here. Also on the plus side is that curbside pickup is a much more robust option than before.

As for shopping, the malls are open and so are many of our favorite local boutiques and specialty stores. Check beforehand to make sure they are taking all the necessary operational suggestions and precautions. Find updated news about restaurant status by going to heraldtribune.com and searching for 'Restaurant News in Sarasota-Bradenton-Venice'.

ON THE WATER PLUS

From riverside to the gulf to the dock of the bay, you'll discover an abundance of waterfront dining options in Manatee, Sarasota and Charlotte Counties

Here's a selection of long-time favorites, from north to south, where you'll find fish and seafood dishes, and much more, on the menu.

- **Pier 22** (pier22.com) and Mattison's Riverwalk Grill (mattisons.com) are both situated on the Manatee River in Bradenton.
- •The **Dry Dock Waterfront Grill** (dry-dockwaterfrontgrill.com) is on Longboat Key overlooking Sarasota Bay.
- The **Marina Jack** Dining Room (marinajacks.com) is an elegant choice located on the second floor of its namesake's marina. A short walk through Island Park will lead you to

O'Leary's Tiki Bar & Grill (olearystikibar.com).

- While Siesta Key doesn't offer much waterfront dining it does have outdoor dining at a number of its fun-filled restaurant/bars, including pan-Latin **The Hub Baja Grill** (thehubsiestakey) and **Siesta Key Oyster Bar** (skob.com)
- If hunger hits in the Nokomis/Osprey area take a short drive down Blackburn Rd. to the **Casey Key Fish House** (caseykeyfishhouse.com).
- Venice is rich in waterfront dining choices. Enjoy 'Old Florida'-style BBQ and craft beers on the Myakka River at **Snook Haven** (snookhaven.com); **Sharky's on the Pier** (sharkysonthepier.com) rocks a casual, flip-flop vibe while **Fins at Sharky's** is more upscale (finsatsharkys.com). The **Crow's Nest** (crowsnest-venice.com) offers fresh

SHOP & DINE

seafood and delicious land fare plus a casual tavern to grab a few drinks!

• Dine with views from Charlotte Harbor at Fisherman's Village in Punta Gorda (fishville.com). Choices include The Captain's Table on the second level, The Pier at Fisherman's Village and the award-winning Village Fish Market.

WORLD CUISINE

While travel may be more complicated than it used to be, dining out on global cuisine right here in Manatee, Sarasota and Charlotte Counties is simple. Our area boasts a plentiful selection of international flavors for your dining pleasure.

If European is your thing we have Italian, French, British, Scottish and Continental. Love Asian food? There's Chinese, Indian, Thai, and Japanese. Latino cuisine is represented by fare from Peru, Cuba, Argentina and Mexico. Of course, American cuisine is everywhere: that's Amish, BBQ, breakfast and brunch, seafood, steaks, ice cream and so much more!

Use the following resources to find what you are hungry for:

- All Dining: heraldtribune.com/sarasotamanateerestaurants
- Independent and local places: dineoriginals.com
- Craft beer: heraldtribune.com/entertainmentlife/20190620/25-great-sarasota-bradenton-venice-spots-for-craft-beer
- Best Burger: heraldtribune.com/ news/20190523/25-best-burgers-in-sarasota-bradenton-venice
- Readers' Choice winners: http://readerschoice. heraldtribune.com

SHOPPING HUBS **BORN TO SHOP**

No matter what kind of shopper you are, or what you are shopping for, you'll find it in one of our many boutiques, specialty shops, art galleries, independent retailers or in any of our malls - both indoors and outdoors.

MANATEE

Anna Maria Island boasts small plazas and centers with boutiques and stores that range from 'Old Florida' to new and chic plus everything in between. annamariaisland. com/shopping/.

In downtown Bradenton you'll find the Village of the Arts. This eclectic live-work community offers specialty shops, art studios and galleries, places for healing arts and more. villageofthearts.com.

Shopping in the Lakewood Ranch area offers three main hubs of activity - Lakewood Ranch Main Street, University Town Center and the Mall At UTC. Together there are more than 200 shops and eateries to choose from. lakewoodranch.com/life-onthe-ranch/shopping-dining/

SARASOTA

St. Armands Circle offers an elegant ambiance reminiscent of the south of France where you will discover unique, upscale shops... restaurants too. starmandscircleassoc.com/directory/shops/

DOWNTOWN SARASOTA

Sarasota's downtown is home to a number of great shopping areas including the Rosemary District, Main Street, Palm Avenue, Burns Square, State Street, Towles Court (towlescourt.com) and Whole Foods Plaza on First Street. (http://dsasarasota.com)

SOUTHSIDE VILLAGE

Southside Village, located on Osprey Ave. and Hillview Ave. near in the Sarasota Memorial Hospital, offers an array of specialty shops and trendy boutiques. southsidevillage.org.

SIESTA KEY

If you are looking for a relaxed shopping experience then Siesta Key is the place. Find fun jewelry, beach supplies like flip-flops and hats and more. simplysiestakey.com/VillageShopsMap.html. While it is on the mainland, westfield.com/siestakey offers even more shopping, dining and entertainment.

DOWNTOWN VENICE

Spend a day browsing and shopping new and vintage wares at this casually elegant shopping area in downtown Venice. venicemainstreet.com

CHARLOTTE

Fishermen's Village is set on the waterfront of Charlotte Harbor and offers a variety of specialty boutiques and shops. fishville.com.

Find boutiques for clothing and accessories, plus an artist's colony of galleries and studios at Dearborn Street and Olde Englewood Village. oldeenglewood.com



ach year hurricane season begins on the first of June and lasts five months, with storms typically peaking in August and September. As with every hurricane season regardless of forecast, knowing the essentials of how to prepare could truly be a lifesaver.

HURRICANE AWARENESS

The more you know about hurricanes the better. Storm conditions can vary on the intensity, size and even the angle that the tropical cyclone approaches your area, so it is vital you understand what the forecasters and news reporters are telling you.

Tropical Depressions are cyclones with winds of 38 mph. Tropical Storms vary in wind speeds from 39-73 mph while Hurricanes have winds 74 mph and greater. Typically the upper right quadrant of the storm (the center wrapping around the eye) is the most intense portion of the storm. The greatest threats are damaging winds, storm surge and flooding.

IMPORTANT TERMS

Here are some important terms you may hear as you monitor your situation:

Tropical Storm Watch: Tropical storm conditions are possible in the area.

Hurricane Watch: Hurricane conditions are possible in the area.

Watches are issued 48 hours in advance of the anticipated onset of tropical storm force winds.

Tropical Storm Warning: Tropical storm conditions are expected in the area.

Hurricane Warning: Hurricane conditions are expected in the area.

Warnings are issued 36 hours in advance of tropical storm force winds.

Eye: Clear, sometimes well-defined center of the storm with calmer conditions.

Eye Wall: Surrounding the eye, contains some of the most severe weather of the



storm with the highest wind speed and largest precipitation.

Rain Bands: Bands coming off the cyclone that produce severe weather conditions such as heavy rain, wind and tornadoes.

Storm Surge: An often underestimated and deadly result of ocean water swelling as a result of a landfalling storm, and quickly flooding coastal and sometimes areas further inland.

WHAT DO WATCH, WARNING & EX-TREME WIND WARNING REALLY MEAN?

- During a watch, prepare your home and evacuation plan in case a warning is issued.
- During a warning, carefully follow the directions of officials, and immediately leave the area if they advise it.
- In the event of an Extreme Wind Warning/Advisory, which means that extreme sustained winds of 115 mph or greater are expected to begin within an hour, immediately take shelter in the interior portion of a well-built structure.

WHO TO CONTACT IN CASE OF HURRI-**CANES AND DISASTERS**

Manatee County: Emergency Management, 941-749-3500, mymanatee.org/manateeready Sarasota County: Go to scgov.net/government/

FOR MORE INFORMATION

and additional details about hurricane preparedness online go to heraldtribune.com/hurricane

ANOTHER GREAT RESOURCE:

the Herald-Tribune's Hurricane Facebook Group, Hurricane Info (Sarasota-Manatee) at facebook.com/ groups/hurricane/

emergency-services/hurricane-preparedness to register for emergency updates and more. Charlotte County: Sign up for AlertCharlotte at AlertCharlotte.com to get the latest warnings and information. Also check Know Your Zone at CharlotteCountyFL.gov so you know when and if you have to evacuate.

STATE RESOURCES

Florida Hurricane Financial Help Line: 1-800-488-4406

FEMA: 1-800-621-3362

FEMA-Hearing Impaired TDD: 1-800-427-5593 State of FL Emergency Information: 1-800-342-

Florida Division of Emergency Management: 850-815-4000

IN CASE OF

IMPORTANT PHONE NUMBERS

FIRE & POLICE EMERGENCY

Fire: 911 Police: 911 Ambulance: 911 Poison: 911

FIRE (NON-EMERGENCY)

Longboat Key: 941-316-1944 Punta Gorda: 941-575-5529 Sarasota County: 941-316-1201 **Southern Manatee:** 941-751-7675

Venice: 941-480-3030

POLICE (NON-EMERGENCY)

Bradenton: 941-932-9300 Sarasota, City: 941-366-8000 Longboat Key: 941-316-1977 North Port: 941-429-7300 Punta Gorda: 941-639-4111 Venice: 941-882-7529

SHERIFF (NON-EMERGENCY)

Sarasota Co./North & South Co.: 941-316-1977

Manatee County: 941-747-3011 Charlotte County: 941-639-2101

ANIMAL SERVICES

Manatee: 941-742-3011

OTHER NUMBERS

Child Abuse Hotline: 1-800-962-2873, report

online at reportabuse.dcf.state.fl.us/

Disabled or Elderly Persons: 800-962-2873 American Red Cross, Sarasota: 941-379-9300 American Red Cross, Lakewood Ranch:

941-792-8686 ext. 1101

Elder Help Line: 886-413-5337 (866-1-ELDER)

Emergency Management, Charlotte: 941-833-4000, in emergency call 211 Emergency Management, Manatee: 941-749-3500 ex.1667

Emergency Management, Sarasota:

941-861-5000

Florida HIV/Aids Hot Line: 800-352-2437 Health Dept., Charlotte: 941-624-7200 Health Dept., Manatee: 941-748-0747 Health Dept., Sarasota: 941-861-2900 The Kreisman Center Crisis Stabilization

Unit: 941-364-9355

Missing Endangered Person's Information

Clearing House: 888-356-4774

National Suicide Prevention Lifeline and Veteran's Crisis Line: 1-800-273-8255 Poison Information Center: 800-222-1222 Safe Place and Rape Crisis Center (SPARC):

941-365-0208

United Way Suncoast (Manatee Co.):

941-748-1313

United Way Suncoast (Sarasota Co.):

941-366-2686





Cat Depot is a center recognized for excellence and leadership in finding homes for homeless and surrendered cats and kittens.









2542 17th St. Sarasota, FL 34234 • 941.366.2404
To learn more and support us please go to:
catdepot.com

